

Dorset Health Scrutiny Committee

Dorset County Council



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| Date of Meeting | 7 June 2016 |
| Officer | Diane Bardsley, Project Manager, NHS Dorset Clinical Commissioning Group |
| Subject of Report | Dementia Services Review |
| Executive Summary | <p>This report provides a briefing summary regarding the initiation of a Dementia Services Review which is currently in the planning stage.</p> <p>The aim of this project is to review all dementia services and design a service model to deliver consistent, high quality, agreed outcomes across Dorset.</p> <p>The vision from Dorset Dementia Partnership is where every person with dementia, their carers and families, receive high quality, compassionate care from diagnosis through to end of life care. This applies to all care settings, whether home, hospital or care home.</p> <p>The Clinical Commissioning Group would like to request opportunities to attend future meetings of the Health Scrutiny Committee at key project stages to ensure members are kept informed of the progress and to ensure appropriate scrutiny with future developments.</p> |
| Impact Assessment: | <p>Equalities Impact Assessment:</p> <p>Report provided by NHS Dorset Clinical Commissioning Group</p> |
| | <p>Use of Evidence:</p> <p>Report provided by NHS Dorset Clinical Commissioning Group</p> |

Dementia Services Review

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| | <p>Budget:</p> <p>Not applicable.</p> <hr/> <p>Risk Assessment:</p> <p>Having considered the risks associated with this decision using the County Council's approved risk management methodology, the level of risk has been identified as:</p> <p>Current Risk: LOW Residual Risk LOW</p> <hr/> <p>Other Implications:</p> <p>Report provided by NHS Dorset Clinical Commissioning Group</p> |
| <p>Recommendation</p> | <ul style="list-style-type: none"> • That Members consider and comment on the review outlined within the report. • That Members agree to receive further reports regarding the review at future Committee meetings. |
| <p>Reason for Recommendation</p> | <p>The work of the Committee contributes to the County Council's aim to protect the health and wellbeing of Dorset's citizens.</p> |
| <p>Appendices</p> | <p>None.</p> |
| <p>Background Papers</p> | <p>None.</p> |
| <p>Officer Contact</p> | <p>Name: Diane Bardsley, NHS Dorset Clinical Commissioning Group Tel: 01202 541443 Email: diane.bardsley@dorsetccg.nhs.uk</p> |

Dementia Services Review Briefing

1. Executive Summary

- 1.1 This paper offers a brief summary to Health Overview and Scrutiny Committees on the initiation of the Dementia Services Review which is currently in the planning stage.
- 1.2 We would like to request opportunities to attend future meetings at key project stages to ensure members are kept informed of the progress and to ensure appropriate scrutiny with future developments.
- 1.3 The Project Board welcome any comments on this briefing and the review.

2. Background

- 2.1 NHS Dorset Clinical Commissioning Group's (NHS Dorset CCG) Vision and its local authority partners is for people with dementia and their family/carers to be enabled to live well with dementia, no matter what the stage of their illness or where they are in the health and social care system.
- 2.2 Nationally it is recognised that the mental health needs of the ageing population are set to increase. The term 'dementia' is used to describe a syndrome which may be caused by a number of illnesses in which there is progressive decline in many areas of function, including decline in memory, reasoning, communication skills and the ability to carry out daily activities. Alongside this decline, individuals may develop behavioural and psychological symptoms such as depression, psychosis, aggression and other challenging behaviours. The majority of people who are diagnosed with dementia have either Alzheimer's disease or vascular dementia, or a combination of the two.
- 2.3 It is estimated that about 6 per cent of the population over 65 have dementia and that after the age of 65, the prevalence of dementia doubles every five years so that about 30 per cent of those aged over 95 years are affected. Dementia can start before the age of 65, often presenting different issues for the person affected, affecting their career and family. It is estimated that early onset accounts for 2.2% of all people with dementia in the UK.
- 2.4 Across Dorset there are 187,456 people aged over 65, from this figure it is estimated that NHS Dorset CCG has 13,405 people living with dementia, 12,857 are people over 65.
- 2.5 In terms of dementia services across Dorset, there are various dementia services offering both in-patient and community based assessment, diagnosis, support, care and treatment. However it is recognised that currently there is inequity of provision across East and West of the county. Dorset also needs to review the current availability of post – diagnostic treatment and support to consider how to ensure patients, family and carers' needs are met.
- 2.6 During 2012 in partnership with Dorset Health Care University NHS Foundation Trust (DHUFT) the Bournemouth, Poole and Dorset Primary Care Trust Cluster a new model of care was developed for the east of Dorset. The model aimed to provide more intensive support in the community including care homes for people with dementia and their carers, enabling them to stay within their place of residence and

enabling those involved in their care to better supported. In order to achieve this aim, the balance of older people's organic mental health inpatient provision and community provision needed to be changed and resources were moved from inpatient services to community services. No additional service development activity has taken place in the West of the county.

- 2.7 The current inpatient units for organic mental health include two wards at Alderney Hospital. In the west of Dorset there is Chalbury Unit in Weymouth Community Hospital and the Betty Highwood unit in Blandford, which was temporarily closed due to a lack of permanent qualified staffing numbers.
- 2.8 During 2014 a Memory Support and Advisory Service was commissioned jointly between NHS Dorset CCG, Bournemouth Borough Council, Borough of Poole and Dorset County Council with Alzheimer's Society as provider. This service works provides pre and post diagnostic support, advice and guidance through Memory Advisors. The service works closely with the Memory Assessment Service provided through Dorset Healthcare University NHS Foundation Trust. The current contract for Memory Support and Advisory Service ends in September 2017. It has been acknowledged that this service model needs to be reviewed in particular to consider post-diagnostic support along the dementia care pathway.

3. Purpose of the Review

- 3.1 The aim of this project is to review all dementia services and design a service model to deliver consistent, high quality, agreed outcomes across Dorset.
- 3.2 The vision from Dorset Dementia Partnership is where every person with dementia, their carers and families, receive high quality, compassionate care from diagnosis through to end of life care. This applies to all care settings, whether home, hospital or care home.
- 3.3 Strategic priorities of the Health and Wellbeing Boards and the NHS Dorset CCG include:
 - Reducing isolation
 - Reducing unnecessary admissions
 - Increasing diagnosis rates
 - Improving post diagnosis support
 - Keep people as independent as possible in their place of residence
- 3.4 National drivers have been derived from Living Well with Dementia: A National Dementia Strategy (2009) followed by various other key documents. The most recent is the Prime Minister's Challenge on Dementia 2020. This includes the following commitments:
 - Raising awareness on reducing the risk of onset and progression and promoting the evidence base
 - Reducing dementia inequalities
 - Enhancing the dementia component of NHS Health Checks for people over 65 years

- Increase the numbers of people receiving a dementia assessment within six weeks of a GP referral
- GPs playing a leading role in ensuring coordination and continuity of care for people with dementia
- Every person diagnosed with dementia to have meaningful care following their diagnosis, which supports them and those around them
- All NHS staff to receive training on dementia appropriate to their role and social care providers providing appropriate training
- All hospitals and care homes meeting criteria to become a dementia-friendly health and care setting
- Alzheimer's Society to deliver an additional 3 million Dementia Friends in England
- Dementia Friendly Communities working towards meeting standards and businesses encouraged to be dementia friendly
- Increased numbers of people with dementia participating in research

3.5 The NHS England Mandate (2016/17) has dementia as a priority area. The targets include:

- Maintain a diagnosis rate of at least two thirds;
- Increase the numbers of people receiving a dementia diagnosis within six weeks of a GP referral; and
- Improve quality of post-diagnosis treatment and support for people with dementia and their carers.

4. Desired outcomes

4.1 Dorset Dementia Partnership has agreed the following outcomes. 'The outcomes we wish to be achieved are where people with dementia have a society where they are able to say¹:

- I have personal choice and control over the decisions that affect me
- I know that services are designed around me, my needs and my carer's needs
- I have support that helps me live my life
- I have the knowledge to get what I need
- I live in an enabling and supportive environment where I feel valued and understood
- I have a sense of belonging and of being a valued part of family, community and civic life
- I am confident my end of life wishes will be respected. I can expect a good death'

4.2 The co-production approach will build on these outcomes further to ensure that they reflect those that people from Dorset would like services to deliver.

5. Objectives

- 5.1 This project will be underpinned by a co-production approach with stakeholders in order to identify the needs of people with dementia and their carers across Dorset and review all dementia services during 2016/ 2017.
- 5.2 If necessary following the review, this project will redesign and re-commission services during 2017/2018, to ensure the dementia service model meets needs and agreed outcomes for dementia patients and their family and carers across Dorset, Bournemouth and Poole localities.
- 5.3 In terms of financial requirements the expectation is that any proposed redesign or reconfiguration would be cost neutral.

6. Project process so far

- 6.1 The Project Board and Project Team 'Terms of Reference' have been developed and are in process of being agreed. The Dorset Dementia Partnership which is a multi-agency group including people with dementia, carers, health, social care, care home representation, fire, police is a key group supporting the review.
- 6.2 A Project Initiation Document is currently being developed with partners, including all three local authorities and Dorset HealthCare University NHS Foundation Trust. Current planning forecasts that the analysis, view seeking, co-produced modelling and formal consultation (if required) should be completed by end October 2017.

7. Recommendation

- 7.1 It is recommended that committee members note this briefing, updating them on the initiation of a review of Dementia Services and the CCG would request that comments on this be sent or emailed to the project manager for inclusion in its future development.

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